

Strength for the Journey Series...
HOLDING ON WHEN LIFE FEELS UNCERTAIN, Part 3

- “Holding on” doesn’t mean “Pretending “to be okay. But it means trusting God when we don’t have all the answers. It means worshipping through weeping and working with God when the path is covered with fog!
 - In this series, we have discussed the wisdom of trusting God’s guidance – Proverbs 3:5-6. We will now highlight the wisdom of trusting God’s goodness– Job 1:20-22.
- I. RELEASE CONTROL AND RELY COMPLETELY (Proverbs 3:5)
 - II. INTENTIONALLY INCLUDE GOD IN EVERY AREA OF YOUR LIFE (Proverbs 3:6a)
 - III. CONFIDENTLY WAIT FOR GOD’S DIRECTION (Proverbs 3:6b)
 - IV. WORSHIP HONESTLY, NOT JUST EMOTIONALLY
 - _____
 - We cannot remove emotionalism from our worship. However, emotionalism should _____ behind our worship.
 - Emotional worship is worship motivated by _____ rather than worship rooted in the _____.
 - We may cry or shout during worship, because we feel overwhelmed, but if that worship is not _____

_____, _____, or _____
in God's character, it may be emotional but not honest.

- Honest worship is coming before God with genuine emotions and _____; expressing both pain and praise, as Job did without _____.
- Honest worship is worshipping even when we don't feel like it, because it is an _____, not just feeling.
- EXEGETICAL INSIGHT:
 - Job tore his robe and shaved his head and then worshipped:
 - Traditional expressions of grief and mourning – Job _____.
- KEY TAKEAWAYS:
 1. Worship in uncertainty is not about suppressing pain, but expressing pain in God's presence.
 2. We must discipline ourselves to worship through pain, not after it.

V. SPEAK THE TRUTH, EVEN WHEN YOU'RE TROUBLED

- _____

- **EXEGETICAL INSIGHT:**

- Job makes a theologically rich declaration, even in devastation – not just a _____, but a _____.
- He acknowledges God as the _____ of all things; and since God is the Originator, He has the right to be the _____.

- **KEY TAKEAWAYS:**

1. Even when troubled, train the mouth to _____.
2. Speak what's _____, even when life is _____.
3. Learn to _____, even in _____; as an act of defiant hope, not detached denial.
4. Don't turn pain onto poison. Complaints are not inherently sinful, but when they corrupt our view of God's character, they become a sinful, spiritual liability.